

STEPHANIE SICILIANO, LCSW, RYT USES A POSITIVE BEHAVIOR SUPPORT MODEL TO HELP DEVELOP APPROPRIATE SOCIAL SKILLS, DECREASE ANXIETY RELATED TO SOCIAL SITUATIONS, AND BUILD CONFIDENCE IN A NURTURING ENVIRONMENT.



**DATES:
JULY 10 - AUGUST 28;
EVERY WEDNESDAY
FOR 8 SESSIONS**

TIME: 9:30 AM - 11 AM

**LOCATION:
560 MAIN STREET,
LOCH ARBOUR, NJ**

**FEES:
\$150 PER SESSION**

Adolescent Social Skills Group

Great for any adolescent who feels lost or isolated among peers, who has been diagnosed with ASD, or is struggling to develop and maintain friendships.

• SUMMER SOCIAL •

- PRACTICE REAL LIFE APPLICATION OF SKILLS.
- DEVELOP FRIENDSHIPS WITH PEERS IN A NURTURING ENVIRONMENT.
- LEARN SOCIAL NUANCES; VERBAL CUES, LISTENING EYES, AND BODY POSITIONING.
- USE MINDFULNESS TECHNIQUES TO COPE WITH ANXIETY RELATED TO SOCIAL INTERACTION.
 - INCREASE SELF ESTEEM & CONFIDENCE IN SOCIAL ABILITIES.
 - PREPARE FOR UPCOMING SCHOOL YEAR.
 - HAVE FUN !

Contact Stephanie Siciliano, LCSW, RYT
for questions or to schedule consultation:

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