



STEM LEGO CAMP (Grades 3-5) 8:00-9:15

- ***Session 1 7/6, 7/7, 7/12, 7/14***
- ***Session 2 7/19, 7/21, 7,26, 7/28***

Keep the learning going throughout the summer while having fun with our STEM LEGO Camp. Rethink STEM learning and spark joy in the classroom with LEGOs. Students will explore the world of Science, technology, Engineering, and Mathematics while building a Lego creation.

WELCOME TO FIRST GRADE!!!!!!!

- ***July 6th-August 4th (T-TH) 8:15-9:15***

Shake those first day jitters with our Welcome To First Grade Summer Program. Not only will students be able to meet their classmates, but they will also learn fundamental skills in Math and language Arts to prepare them for their upcoming first grade school year.

BRAIN CAMP (ALL STUDENTS WILL BE INVITED)

- ***July 6th-August 4th (T-TH)***

ENTERING GRADE 2 STUDENTS 9:15-10:00
ENTERING GRADE 3 STUDENTS 10:00-10:45
ENTERING GRADE 4 STUDENTS 9:15-10:00
ENTERING GRADE 5 STUDENTS 10:45-11:30

Don't let "summer slump" happen to you; Exercise your noggin at Brain Camp. Students will review and enrich Language Arts and Math skills from the school year in a relaxed and fun environment and will leave with a boost of confidence, ready to tackle the 2022-2023 school year!



PRE-HIGH SUMMER READING PROGRAM

- **July 7th-August 4th (TH) 8:00-10:00**

Glide into Mrs. Walters's classroom on Thursday mornings for the Breakfast Club #SummerEdition. The doors will open on Thursday mornings from 8-10am to PreHigh students ready to tackle their summer reading assignments one week at a time! Students will spend the morning reading their assigned texts, working on their summer reading reflections, and engaging in meaningful discussions with their peers about the books chosen for this year's PreHigh students. Oh! And, of course, enjoying breakfast together before heading out to a day at the beach.

MINDFULNESS (10-10:45) AND MINDFUL MOVEMENT (11-11:45) (Grades 4-8)

- **July 6th-August 4th (Mon & Tues)**

Mindfulness Class-mindfulness is a health and well being practice. It is the act of being mindful and allowing one's thoughts to slow and using the breath to cultivate self awareness.. Through learned breathing and mindful techniques, students who are mindful can become less distracted and more engaging in lessons. Mindfulness improves mood, confidence, sleep, self-awareness, focus and anxiety.

Mindful Movement-Mindful movement incorporates meditation, breathing exercises and stretches that enable stress reduction, relaxation and rejuvenation. Research shows that mindful movement and meditation help improve physical and mental health, brain development, memory, enhance concentration, reduce stress, increase motivation and activity, provide better sleep quality, improve academic performance, and brighten one's mood.



Mr. Mundie's 2022 Summer Music Program

- **July 6th-August 4th (T-TH) 9:00-12:00**

The 2022 Summer Music Program is here! Once again, the Sea Girt Board of Education will be providing our students with the opportunity to continue to grow as musicians at no cost to parents. This year we have exciting opportunities for our incoming Kindergarten through 8th grade students. Offerings included Concert Band Instrument Lessons, (students entering 4th grade and above), Recorder Ensemble, (students entering 2nd & 3rd grade), and Piano, Guitar, & Ukulele Lessons, (open to all grades). Students will receive a weekly lesson for 4 weeks on either Tuesdays, Wednesdays, or Thursdays between the hours of 9:00 am - 12:00 pm. Once you register your child, Mr. Mundie will reach out to you for scheduling!

-- Concert Band Lessons (students entering 4th grade and above): Students can choose to receive group instrumental instruction on the following instruments - Flute, Oboe, Clarinet, Saxophone, Trumpet, Trombone, Baritone, Drums, and Bass Guitar. Instruments are not provided, so please contact Mr. Mundie for information regarding instrument selection and rentals.

-- Recorder Ensemble (students entering 2nd and 3rd grade): Students will continue studying the basics of music reading and performance using the recorder. All materials will be provided.

-- Piano/Guitar/Ukulele: Students are welcome to use the school's piano, keyboard, and ukuleles for lessons. We do not have guitars, ukuleles, or keyboards to take home for practice.